

Chronic Disease Group Education

2025 Schedule (subject to change)

Location: 5th Floor Boardroom, 8100 Granville Avenue, Richmond

Note: Dates for sessions offered in Mandarin, and sessions related to other issues (such as Cognition and Depression) will be added when available.

These interdisciplinary, small group education sessions are designed to provide patients with tools that help them to self-manage their health. Please speak to your Family Physician or Nurse Practitioner if you are interested in registering for any of these groups.



JANUARY 2025
Thursday, 9 Jan
Class Type Prediabetes
Language English

FEBRUARY 2025
Wednesday, 5 Feb
Thursday, 6 Feb
Wednesday, 12 Feb
Friday, 14 Feb
Friday, 21 Feb
Friday, Feb 28
Class Type Diabetes Day 1
Prediabetes
Diabetes Day 2
Cholesterol
Diabetes Day 1/
Prediabetes
Diabetes Day 2
Language English
English
English
English
Mandarin
Mandarin

MARCH 2025
Thursday, 6 Mar
Class Type Prediabetes
Language English

APRIL 2025
Wednesday, 2 Apr
Thursday, 3 Apr
Wednesday, 9 Apr
Friday, 11 Apr
Class Type Diabetes Day 1
Prediabetes
Diabetes Day 2
Cholesterol
Language English
English
English
English

MAY 2025
Thursday, 1 May
Friday, 23 May
Friday, 30 May
Class Type Prediabetes
Diabetes Day 1/
Prediabetes
Diabetes Day 2
Language English
Mandarin
Mandarin

JUNE 2025
Wednesday, 4 Jun
Thursday, 5 Jun
Wednesday, 11 Jun
Friday, 13 Jun
Class Type Diabetes Day 1
Prediabetes
Diabetes Day 2
Cholesterol
Language English
English
English
English

JULY 2025
Thursday, 3 Jul
Friday, 18 Jul
Friday, 25 Jul
Class Type Prediabetes
Diabetes Day 1/
Prediabetes
Diabetes Day 2
Language English
English
Mandarin

AUGUST 2025
Wednesday, 6 Aug
Thursday, 7 Aug
Wednesday, 13 Aug
Friday, 15 Aug
Class Type Diabetes Day 1
Prediabetes
Diabetes Day 2
Cholesterol
Language English
English
English
English

SEPTEMBER 2025
Thursday, 4 Sep
Class Type Prediabetes
Language English

OCTOBER 2025
Wednesday, 1 Oct
Thursday, 2 Oct
Wednesday, 8 Oct
Friday, 10 Oct
Class Type Diabetes Day 1
Prediabetes
Diabetes Day 2
Cholesterol
Language English
English
English
English

NOVEMBER 2025
Thursday, 6 Nov
Friday, 21 Nov
Friday, 28 Nov
Class Type Prediabetes
Diabetes Day 1/
Prediabetes
Diabetes Day 2
Language English
Mandarin
Mandarin

DECEMBER 2025
Wednesday, 3 Dec
Thursday, 4 Dec
Wednesday, 10 Dec
Friday, 12 Dec
Class Type Diabetes Day 1
Prediabetes
Diabetes Day 2
Cholesterol
Language English
English
English
English

The Richmond Primary Care Network (PCN) is funded by the B.C. Ministry of Health, and is a partnership between Vancouver Coastal Health and the Richmond Division of Family Practice.