

# Community Link Service

Social interaction + community connection are **great** for your health

Richmond's new Community Link Service helps connect you to support services throughout the community. The program is designed to boost your physical and emotional wellbeing, social connections, and ability to thrive.



**Richmond**  
Primary Care Network



**Richmond's PCN  
Community Link Worker**

**INTRODUCING RICHMOND'S PCN**

# Community Link Worker

Richmond's Community Link Worker is the bridge between you, your family physician (FP) or nurse practitioner (NP), and programs throughout the community.

- ✓ **Receives Community Link referrals from FPs/NPs**
- ✓ **Meets with you to determine which supports will be most appropriate**
- ✓ **Connects you to many types of wellness support throughout Richmond**
- ✓ **Maintains communication between you, your FP/NP, and community programs**

The Community Link Worker **does not offer** case management or clinical support. To protect your health and safety, the Community Link Worker will connect with your FP/NP if there is concern about your wellbeing or inability to reach you.

## DETERMINE THE HELP YOU NEED

# Community Link Worker vs. Social Worker

Needs/Issues	Community Link Worker	Social Worker
support for loneliness	✓	
connection to support groups and language support services	✓	
connection to recreational activities and community programs	✓	
support in navigating public transit	✓	
interest-based volunteer opportunities	✓	
connection to qualified caregivers	✓	
support in housing searches	✓	
access to healthy meals	✓	
paperwork support for applications	✓	
connection to counselling services	✓	
address factors that impact your health (finances, housing, social supports)		✓
financial, government, support services applications (Income Assistance, PWD, CPPD, Pension, Pharmacare, Handy Dart, Gov applications needing a designated discipline)		✓
biopsychosocial assessment		✓
discussion of Advanced Care Planning (Power of Attorney, representation agreements, Temporary Substitute Decision Maker)		✓
supportive counselling as required/ appropriate		✓
care planning (private vs. public home care/residential support, navigating the health care system)		✓



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## NEED SUPPORT?

You may benefit from the Community Link social prescribing service if you are:

- ✓ experiencing emotional problems and/or major life events (e.g. loss of a spouse)
- ✓ living with a chronic disease and a community group program exists that will help you to self-manage (e.g., learn to cook and adopt a healthier diet)
- ✓ physically inactive and would benefit from a physical activity group
- ✓ struggling with nutrition or food security (e.g. not eating enough food due to financial concerns) and could use support to meet nutritional needs

loneliness

isolation

poor physical health

and more

**Social Prescribing** allows your family physician (FP) or nurse practitioner (NP) to prescribe non-medical activities and opportunities for connection based on your needs, goals, interests, and skills.

## ELIGIBILITY

- 1 You need support for loneliness, isolation, physical health, nutrition, or other services outlined in this brochure
- 2 You can self-manage with some support
- 3 You are motivated to make changes, address issues, and set goals
- 4 Have a Most Responsible Provider who you visit regularly (i.e. not a walk-in physician)
- 5 Be a Richmond resident **and/or** the patient of a Richmond Family Physician or Nurse Practitioner (NP)

## OTHER CONSIDERATIONS

- ✓ Your FP/NP should identify the type(s) of support that would benefit your health and wellbeing
- ✓ The support must be available within Richmond





## ASK FOR A REFERRAL

This brochure introduces you to ways the Community Link Worker can help. Give some thought to what support could most benefit your wellbeing, then ask your family physician (FP) or nurse practitioner (NP) for a **Community Link referral**.



For information about the Primary Care Network (PCN) and how the PCN nursing and clinical teams can help, contact:



[richmonddivision.ca/  
patients](https://richmonddivision.ca/patients)

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